



BONE BROTH

3.5

GF • PF

**ADD LOW CARB NAAN
+1**

ADD•INS

GRILLED VEG • .25

GINGER • .25

TURMERIC • .25

GARLIC • .25

ACV • .25

SCALLION

LEMON

BREAKFAST SANDWICHES

GLUTEN-FREE BUN AVAILABLE +1

PORKY PICANTE

TWO EGGS SCRAMBLED / CHORIZO / CHEESE / YUM YUM / BRIOCHE
6.5 GFA

SWEET HEAT

TWO EGGS SCRAMBLED / BACON / CHEESE / REBOL HOT / APRICOT GINGER / BRIOCHE
6.5 GFA

GREEK FREAK

TWO EGGS SCRAMBLED / GOAT CHEESE / CUCUMBER / RED ONION / TZATZIKI / BRIOCHE
6.5 GFA

BOL

PROTEIN • EGG • CHEESE

TWO FRIED EGGS / GOAT CHEESE / SWEET POTATO / SHROOM+ONION / KALE
CHOOSE : BACON - STEAK - CHORIZO - FALAFEL
8.5 GF/VA

MEAL IN A CUP

OVERNIGHT OATS

ROLLED OATS / CHIA+PUMPKIN SEEDS / ALMOND MILK / LEMON / MAPLE SYRUP / ALMOND BUTTER / SEA SALT / FRESH FRUIT
7 GF/V

PASTRIES

CHOCOLATE CHIP COOKIE 3.5

PALEO CHOCOLATE CHIP COOKIE 3.5

VEGAN & GLUTEN-FREE BROWNIE 4.5

VEGAN CHOCOLATE BANANA FLAX MUFFIN 4